

**Full Name** \_\_\_\_\_ **D.O.B.** \_\_\_/\_\_\_/\_\_\_\_ **Date:** \_\_\_/\_\_\_/\_\_\_\_

**Acute respiratory Infection Visit for Colds, Bronchitis, Sore Throat, Earache or Sinusitis**

**(You may also complete this form online at [www.yourhealthfile.com](http://www.yourhealthfile.com).)**

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**1. Indicate if you have any of the following symptoms: (check all that apply)**

dry cough\_\_\_ cough up yellow mucus\_\_\_ cough up green mucus\_\_\_ cough up clear mucus\_\_\_  
cough up bloody mucus\_\_\_ clear mucus from nose\_\_\_ yellow or green mucus from nose\_\_\_ bloody  
discharge from nose\_\_\_ stuffy nose\_\_\_ sinus congestion\_\_\_ sore throat\_\_\_ ear pain\_\_\_ headache\_\_\_

**2. How bad are your symptoms?** mild\_\_\_ moderate\_\_\_ severe\_\_\_ improving\_\_\_ getting worse\_\_\_

**3. How long have you had your current respiratory symptoms?**

less than 24 hours\_\_\_ 1 day\_\_\_ 2 to 3 days\_\_\_ 4 to 6 days\_\_\_ 1 week\_\_\_ 1 to 2 weeks\_\_\_  
about 2 to 3 weeks\_\_\_ more than 3 weeks\_\_\_ about a month\_\_\_ 1 to 2 months\_\_\_ more than 2 months\_\_\_

**4. Has any family member or close contact recently had symptoms similar to yours?** Yes\_\_\_ No\_\_\_

**5. Have you had a fever with your symptoms?** Yes\_\_\_ No\_\_\_ **If yes, how high?** \_\_\_\_\_ degrees

**6. Do you have any of these other associated symptoms? (check all that apply)**

diarrhea\_\_\_ nausea\_\_\_ vomiting\_\_\_ chills\_\_\_ body aches\_\_\_ wheezing\_\_\_ chest hurts\_\_\_  
chest feels tight\_\_\_ chest pain when coughing\_\_\_ chest pain when taking a deep breath\_\_\_ hoarseness\_\_\_  
short of breath\_\_\_ swollen glands in the neck\_\_\_ drenching sweats at night\_\_\_ other \_\_\_\_\_

**7. Have you ever had any of the following illnesses? (check all that apply)**

sinus infection\_\_\_ pneumonia\_\_\_ bronchitis\_\_\_ strep throat\_\_\_ asthma\_\_\_ hay fever\_\_\_  
heart disease\_\_\_ COPD\_\_\_ other lung disease\_\_\_ postnasal drip\_\_\_ nasal allergies\_\_\_

**8. Have you tried any over-the-counter medications to treat your symptoms?** Yes\_\_\_ No\_\_\_

**If yes what is name or type of medication(s)?** \_\_\_\_\_

**9. Have you recently taken any prescription medicine for this illness?** Yes\_\_\_ No\_\_\_ **If yes, name all prescriptions:** \_\_\_\_\_

**10. List any medications that have helped your symptoms so far.** \_\_\_\_\_

**11. Have you recently seen another healthcare provider for this illness?** Yes\_\_\_ No\_\_\_

**If yes, what is the specialty of that provider?** urgent care\_\_\_ walk-in clinic\_\_\_ primary care\_\_\_  
lung specialist\_\_\_ allergist\_\_\_ emergency room\_\_\_ other type of healthcare provider\_\_\_

Full Name \_\_\_\_\_ D.O.B. \_\_\_/\_\_\_/\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

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**12. Which best describes the recent treatment for your acute respiratory symptoms?**

I have not yet received treatment\_\_ I have been treated recently but the treatment did not work\_\_

I got better with treatment but symptoms have now come back\_\_ I am receiving treatment now but

the treatment is not helping\_\_ I am receiving treatment now and the treatment is helping\_\_

**13. How long has it been since your last chest x-ray?**

less than a month\_\_ 1 to 3 months\_\_ 3 to 6 months\_\_ 6 months to 1 year\_\_ more than 1 year\_\_

don't remember\_\_ never had a chest x-ray before\_\_

**14. Do you currently smoke cigarettes?** Yes\_\_ No\_\_

**15. Have you had recent lab tests related to your symptoms?** Yes\_\_ No\_\_ **If yes, what is name or type of test?** \_\_\_\_\_

**16. Have the symptoms of acute respiratory infection caused you to be unable to perform your daily activities such as a job or housework?** Yes\_\_ No\_\_

**Medical History (please complete if we have not seen you as a patient in the past month)**

<b>Check if you're allergic to:</b> No allergies__ Penicillin__ Sulfa__ Aspirin__ Codeine__ Iodine__ Latex__ Cipro__ Macrodantin__ Bactrim__ Keflex__	<b>List all allergies to other drugs:</b>
<b>Please give us an up to date list of names and dosages of all medicines you are taking:</b>	
<b>Check if you <u>have now or ever had</u> :</b> __stroke <sup>436</sup> __heart attack <sup>412</sup> COPD <sup>496</sup> __blocked arteries in your heart <sup>41401</sup> __diabetes <sup>25000</sup> __high blood pressure <sup>4011</sup> __high cholesterol <sup>2720</sup> __asthma <sup>49390</sup> __underactive thyroid <sup>2449</sup> __kidney stones <sup>5929</sup> __chronic kidney disease <sup>5859</sup> __breast cancer <sup>1749</sup> __prostate cancer <sup>185</sup> other cancer (what kind?):	
<b>Have you ever had any other serious medical problems?</b> No__ Yes__ If yes, please list:	
<b>What surgeries have you had?</b> heart bypass__ heart valve__ tonsils out__ gallbladder out__ appendix out__ uterus out__ kidney removed__ others (list them):	
<b>Tobacco use:</b> never used__ quit smoking__ when? _____ still smoke, dip or chew__ <b>Alcohol use:</b> never used__ ex-drinker__ occasional__ social__ light__ heavy__	
<b>Ladies only: Is there a chance you could be pregnant?</b> No__ Yes__ Not Sure__ When was your last period? _____	